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Psychology services
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Psychology Matters

PUBLIC WORKSHOP

Coping with Child & Adolescent Clinical Depression

The World Health Organization (WHO) recognizes Clinical Depression as the 4th leading contributor to the global disease burden. Our workshop therefore aims to address the following:

How is clinical depression different in young people compared to adults? Why do children find it difficult to identify what they are feeling or to ask for help? What are the signs & symptoms of childhood & adolescent depression? How are other disorders (eg: anxiety, eating problems, trauma, substance abuse, aggression, opposition, defiance & antisocial behavior) linked to depression in young people? What basic facts do adults need to know? What forms of treatment are best? When is medication indicated? How can parents, families & other caregivers (eg. teachers) help young people recover from clinical depression?

Join us for this introductory workshop to learn more about clinical depression in children & teenagers.

SPEAKER: Dr Mark Tunbridge,
(Ph.D. Clin Psych; M.Ed. Psych)

DATE: Wednesday, 7 March 2012

TIME: 6:30 – 8:00 pm

VENUE: Kelvin Grove,
144 Campground Road, Newlands

COST: R90.00 per person

Phone 021 674 0509 - Only 30 places available;
advanced booking essential

For more information, please visit

www.psychologymatters.co.za